

## Dr. Michael Menachof

The Center for Aesthetic Facial Surgery  
Greenwood Village, Colorado

### ASK DR. MENACHOF

#### WHAT PROCEDURES DO YOU PERFORM THE MOST?

I most frequently perform facelifts, browlifts, eyelid surgery and rhinoplasties.

#### WHAT NONSURGICAL PROCEDURES DO YOU OFFER?

I created Aesthetics Medical Day Spa to complement our surgical practice. Here we offer a variety of skin-care treatments, including lasers, microdermabrasion and chemical peels.

#### WHAT IS UNIQUE ABOUT YOUR TREATMENT STYLE?

My treatment style is very individualized. Three people may ask for the same procedure, but it will be different for each because everyone is unique.

#### HOW WOULD YOUR PATIENTS CHARACTERIZE YOU?

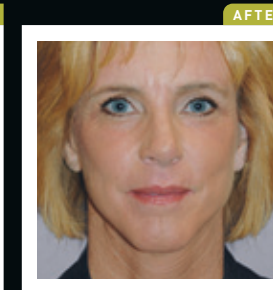
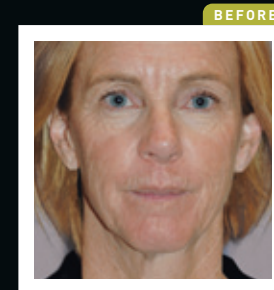
My patients would describe me as knowledgeable, ethical and committed.

#### HOW DO YOU ENSURE PATIENT SATISFACTION?

I spend a great deal of time consulting with my patients about their procedures. My 20 years of experience, combined with our imaging software, allows us to achieve the results our patients desire.

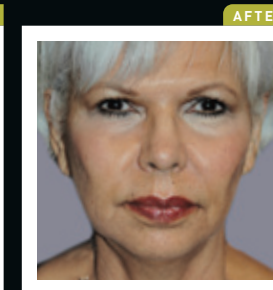
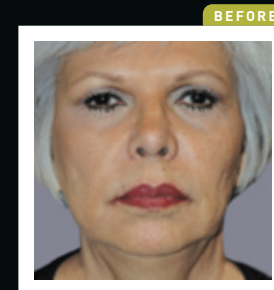
### Full face makeover

Dr. Menachof believes that the best way to achieve complete anti-aging results is to combine both invasive and noninvasive procedures. To this end, he created Aesthetics Medical Day Spa to integrate with his surgical practice. "Surgical procedures involve pulling and stretching, and we often forget about the quality of skin on top," Dr. Menachof says. "It is important that we take care of ourselves fully so that we can achieve more comprehensive results." For example, patients who seek one of Dr. Menachof's most-requested procedures, the facelift, have the option of fillers such as Juvéderm® and Restylane® for fullness and volume. Often a patient is still too young for a surgical procedure, yet is in need of volume replacement due to the natural absorption of facial tissue as we age. A combination of injectables is used to reduce and soften fine lines, brighten the eyes, add volume to the cheeks and balance the chin, creating a more youthful appearance. Dr. Menachof believes services such as microdermabrasion, lasers and medical-grade skin-care products that treat the skin are extremely important. These treatments make the skin look refreshed and healthy.



### FACIAL FINESSE

When searching for a solution to minimize the fine lines around her mouth and eyes, this 52-year-old patient turned to Dr. Menachof. "She wanted a treatment that would help her look as young as she felt," Dr. Menachof says. "These results were a complete success." After ablative skin resurfacing and a subtle facelift, her face looks smoother, firmer and younger.



### BALANCED FACIAL SHAPE

Desiring a more youthful oval shape to her face, this 62-year-old patient sought advice from Dr. Menachof. "We opted for a liquid facelift to improve her appearance noninvasively," Dr. Menachof says. After receiving Juvéderm and Radiesse treatments in the nasolabial folds and mid-cheeks, she looks noticeably rejuvenated.

# "I treat my patients the way I would treat family"

### MEET THE EXPERT

## Dr. Michael Menachof

American Board of Otolaryngology/Head and Neck Surgery

#### SERVICES OFFERED

Browlift  
Blepharoplasty  
Cheeklift  
Necklift  
Facelift  
Rhinoplasty  
Cheek/Chin Implants  
Lip Implants  
Skin Resurfacing  
Botox® Cosmetic  
Dysport®  
Juvéderm®  
Restylane®  
Fillers

#### ABOUT DR. MENACHOF

##### WHY DID YOU BECOME A FACIAL PLASTIC SURGEON?

I loved that facial plastic surgery combined anatomy and physiology, which are intricate and complicated, with an artistic aspect. Every patient and surgery is different, and I enjoy the challenge.

##### WHAT IS YOUR CHAIRSIDE STYLE?

It is important that my patients are comfortable and assured that they have put their trust in the right person.

##### WHAT IS YOUR FAVORITE PART OF YOUR JOB?

I enjoy the interaction with the patients, when they return smiling because they look and feel so great. That is the most rewarding.

##### DO YOU HAVE ANY PERSONAL INTERESTS OUTSIDE OF MEDICINE?

I really like photography, snowboarding and spending time with my wife and kids. I also enjoy fly fishing and cooking. I might have chosen to be a chef had I not found my passion in medicine.


##### IN WHAT WAYS ARE YOU PHILANTHROPIC?

I am a supporter of many Colorado charities including Adam's Camp, the American Heart Association, Doctors Care, the Kendall And Taylor Atkinson Foundation, and the Colorado Neurological Institute. I believe it is important to give back.

**MEDICAL DEGREE**  
University of California, San Francisco

**LOCATION**  
Greenwood Village, Colorado

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 To learn more about the practice visit [thefaceexperts.com](http://thefaceexperts.com)